



St. Stephen's...

...A small cathedral doing
big things

the Foundation *for Enhancing Communities*

The Great Pumpkin Chase is a project of The Foundation for Enhancing Communities (TFEC), with TFEC serving as its fiscal sponsor. The official registration & financial information of TFEC may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1.800.732.0999. Registration does not imply endorsement.

The Great Pumpkin Chase

Mail registration forms to:

The Great Pumpkin Chase
221 N. Front Street
Harrisburg, PA 17101-1437

For more information:
Phone: 717-236-4059

Register on line @ www.ststep.org/pumpkin_chase.htm
While you're there, check out sponsorship opportunities too!

Some History...

Since 1993, St. Stephen's has proudly hosted the Great Pumpkin Chase. This is our major fundraising event with *all* proceeds directly benefiting local outreach initiatives. Over the years we've watched the race grow, along with those requiring assistance.

This year our goal is "17 in 17": to raise \$17,000 in honor of our 17th anniversary for 5 local outreach initiatives. Two you're probably familiar with—**Downtown Daily Bread** & the **YWCA of Greater HBG**— and three you may not be:

- **Helping Hands Ministries of HBG, Inc.**, serving hot, nutritious meals (almost 19,000 meals/year) for the homeless & those in need 5 days a week.
- **St. Barnabas Center for Ministry**, offering an after-school program & 8-week summer day camp in Uptown HBG for children ages 7–12. A variety of experiences allow children to develop spiritually, emotionally, physically, educationally & socially.
- **Susquehanna Harbor Safe Haven** houses 65 homeless individuals, including a 40-unit overnight section for a program previously operated out of church basements.

These are challenging times, but not impossible times. Together, we can make a difference to help those truly less fortunate. Be assured anything you can contribute to the success of this event is greatly appreciated.

17th Annual Great Pumpkin Chase 5k Race & 1-Mile Fun Run



Sat., Oct. 23rd, 2010
Rain or Shine

Awards

Refreshments

Door Prizes worth
sticking around for!

**A NON-PROFIT
FUNDRAISING EVENT
WITH ALL PROCEEDS
BENEFITING LOCAL
OUTREACH INITIATIVES**

17TH ANNUAL GREAT PUMPKIN CHASE 5K RACE & 1-MILE FUN RUN



Saturday, Oct. 23rd, 2010

5k Race: 9 AM

1-Mile Fun Run: 9:45 AM

Course Description

The mostly flat 5k begins by the City Island Pavilion with a loop of City Island, continues across the Walnut Street Bridge, south along the Susquehanna River, & finishes on City Island.

The 1-mile Fun Run is flat and begins & ends on City Island.

Age Groups: Male & Female

14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Awards for 5k

Awards ceremony @ City Island Carousel
Overall male & female winners will receive \$100 1st place; \$50 2nd place; \$25 3rd place. Trophies will be awarded to top 3 male & female finishers in each age group (excluding overall winners).

Awards for Fun Run

All who complete the Fun Run will be awarded medals at the finish line.

Entry Fees

Pre-register by Oct. 12th — \$20 post-marked via regular mail or our web site.

Late registrants — \$25 after Oct. 12th; Friday, Oct. 22nd from 9 AM — 12 PM register at St. Stephen's Cathedral Office

All entry fees are non-refundable.

Each pre-registered runner will receive a long-sleeved t-shirt. Shirts are *not* guaranteed for late registrations with *limited* quantities available race day so please register early.

Packet Pick-Up

Friday, Oct. 22nd from 9 AM — 2 PM at St. Stephen's Cathedral Office

Sat., Oct. 23rd from 7:30 AM — 8:45 AM at City Island's Carousel

Exceptions

Please no strollers, bicycles, skateboards, roller blades or dogs on the course

All 5k Racers Receive

- Accurate, prompt race results and awards ceremony
- Post-race refreshments & multiple chances to win many nice door prizes
- Race results posted on our web site

Before you head out the door on race day...

Grab a can of food from your pantry. Last year's donations provided almost 2 week's worth of food for Helping Hands.



Name _____

Age as of 10/23/10 _____ Date of Birth _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email address _____

Please check/circle all appropriate categories

- Male
 Female
 5k Runner \$20 (\$25 after 10/12)
 1-Mile Fun Run \$20 (\$25 after 10/12)

T-shirt size Adult S M L XL XXL Youth L

I cannot run but would like to make a donation to the Great Pumpkin Chase...

[] \$15 [] \$25 [] \$50 [] Other\$ _____

Credit Card # _____ Exp _____

Circle card type: Visa MC Discover

Make checks payable to the
 "Great Pumpkin Chase"
 221 N. Front Street, Harrisburg, PA 17101-1437

WAIVER: I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive & release any & all rights I may have against the sponsors, their agents, employees, tenants, volunteers, & the City of Harrisburg for damages, injuries or losses I may suffer as a result of this event.

Signature _____ Date _____

Parent or Guardian (if runner is under 18) _____