



St. Stephen's...

...A small cathedral doing
big things

the Foundation *for Enhancing Communities*

The Great Pumpkin Chase is a project of The Foundation for Enhancing Communities (TFEC), with TFEC serving as its fiscal sponsor. The official registration & financial information of TFEC may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1.800.732.0999. Registration does not imply endorsement.

The Great Pumpkin Chase

Mail registration forms to:

The Great Pumpkin Chase
221 N. Front Street
Harrisburg, PA 17101-1437

For more information:

Phone: 717-236-4059
to register on line go to
www.ststep.org/pumpkin_chase.htm

Some History...

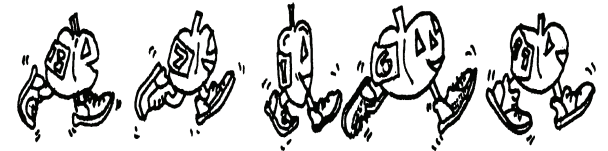
Since 1993, St. Stephen's has proudly hosted the Great Pumpkin Chase. This is our major fundraising event with *all* proceeds directly benefiting local outreach initiatives. Over the past 15 years we've watched the race grow...along with those desperately requiring assistance.

This year 5 local outreach initiatives will receive the race proceeds. Two you're probably familiar with—Downtown Daily Bread & the YWCA of Greater HBG— and three you may not be:

- Helping Hands Ministries of HBG, Inc., serving hot, nutritious meals (18,720 meals a year) for the homeless & needy people 5 days a week, with the Sunday evening meal at St. Stephen's.
- Saint Barnabas Center's Rainbow Program, located in Uptown Harrisburg, is an 8-week summer day camp for neighborhood children ages 7—12. Designed to engage campers on many different levels, there are classes & activities where the gospel is made tangible to those who wouldn't normally have this opportunity.
- Susquehanna Harbor Safe Haven, now under construction in Harrisburg, will house 65 homeless individuals, including a 40-unit overnight section for a program presently being operated out of church basements.

These are challenging times, with gas prices skyrocketing along with everything else, so know whatever you can do to contribute to this event—to help those truly less fortunate—is greatly appreciated.

15th Annual Great Pumpkin Chase 5K Race & 1-Mile Fun Run



Saturday, Oct. 25, 2008
Rain or Shine

5K Race
1-mile Fun Run
Awards
Refreshments
Door Prizes worth sticking
around for!

**A NON-PROFIT FUNDRAISING
EVENT WITH ALL PROCEEDS
BENEFITING LOCAL
OUTREACH INITIATIVES**

15TH ANNUAL GREAT PUMPKIN CHASE 5K RACE & 1-MILE FUN RUN



Saturday, October 25, 2008

5K Race: 9 a.m.

1-Mile Fun Run: 9:45 a.m.

Race Course Description

The mostly flat 5K begins by the City Island Pavilion with a loop of City Island, continues across Walnut Street Bridge, south along the Susquehanna River, north to finish in Riverfront Park on Front Street, directly across from St. Stephen's Cathedral.

The 1-mile Fun Run is flat and begins and ends in Riverfront Park across from St. Stephen's Cathedral.

Age Groups: Male & Female

14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Awards for 5K

Overall male & female winners will receive \$100 1st place; \$50 2nd place; \$25 3rd place. Trophies will be awarded to top 3 male & female finishers in each age group (excluding overall winners). Awards ceremony will take place at St. Stephen's following the Fun Run.

Awards for Fun Run

All who complete the Fun Run will be awarded medals at the finish line.

Entry Fees

Pre-register by Oct. 13th — \$20 post-marked via regular mail or our web site.

Late registrants — \$25 after Oct. 13th; Friday, Oct. 24th from 9 a.m. — 2 p.m. register at St. Stephen's Cathedral Office.

All entry fees are non-refundable.

Each pre-registered runner will receive a long-sleeved t-shirt. Shirts are *not* guaranteed for late registrations.

Packet Pick-Up

Friday, Oct. 24th from 9 a.m. — 2 p.m. at St. Stephen's Cathedral Office

Sat., Oct. 25th from 7:30 a.m. — 8:45 a.m. at City Island Pavilion

Exceptions

Please no headsets, bicycles, skateboards, roller blades or dogs on the course

All 5K Racers Receive

- Accurate, prompt race results and awards ceremony
- Post-race refreshments and multiple chances to win many nice door prizes
- Race results posted on our web site

Before you head out the door on race day...



Grab a can of food from your pantry. Really, *any* can will do! All items will be donated to Downtown Daily Bread & Helping Hands.

Name _____

Age as of 10/25/08 _____ Date of Birth _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email address _____

Please check/circle all appropriate categories

Male

Female

5K Runner \$20

1-Mile Fun Run \$20

T-shirt size Adult S M L XL XXL Youth L

I can/cannot run but would like to make a donation to the Great Pumpkin Chase

[] \$15 [] \$25 [] \$50 [] Other\$ _____

Credit Card # _____ Exp _____

Circle card type: Visa MC Discover

Make checks payable to the "Great Pumpkin Chase"

221 N. Front Street, Harrisburg, PA 17101-1437

WAIVER: I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive & release any & all rights I may have against the sponsors, their agents, employees, tenants, volunteers, & the City of Harrisburg for damages, injuries or losses I may suffer as a result of this event.

Signature _____

Date _____

Parent or Guardian (if runner is under 18) _____