



the CATHEDRAL MESSENGER

The biweekly parish newsletter of The Cathedral Church of St. Stephen, Harrisburg, Pennsylvania

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June 20, 2004

Mac and Kathie McDowell

The Very Reverend Malcolm Hume McDowell, Jr., the Dean of the Cathedral Church of St. Stephen, was born in New York City and was raised in Staten Island, New York. His home parish was St. Alban's Episcopal Church in Eltingville. In 1962 he graduated from Washington and Jefferson College in Washington, Pennsylvania where he majored in Psychology and minored in Economics and French. In New York City he graduated from The General Theological Seminary in 1965 with a Masters of Divinity. In 1980 he earned a Masters of Arts Degree in Pastoral Counseling from St. Joseph College in West Hartford, Connecticut. An honorary Doctor of Humane Letters was awarded to him when he served as Baccalaureate Preacher for the 2000 Commencement at Washington and Jefferson College.

As an undergraduate student, Mac hitchhiked every weekend to Chatham College in Pittsburgh where he met Kathleen Otto who was born and raised in West Caldwell, New Jersey. She majored in early childhood education. As a seminarian, Mac was a civil rights activist. He worked as a Youth/Street Minister at St. Christopher's Chapel of the Lower East Side Mission in New York City. In 1965 Mac was ordained and married Kathie. Mac began his ministry as Vicar of Grace Episcopal Church in Broad Brook, Connecticut and worked as the Youth Minister at Christ Church Cathedral in Hartford, Connecticut, while Kathie taught first graders in an elementary school. After that first year, Kathie did not return to teaching so that she could start their family.

Their oldest son Malcolm III teaches elementary school in the South Bronx, New York City. He graduated from The College of Wooster, earned an M.A.

from Mercy College, and is a Ph.D. candidate at Columbia University, New York. Their middle son Andrew is an administrator with Kindle Farms School in Putney, Vermont. He graduated from Muhlenberg College, earned an M.A. from Antioch College, and is engaged to be married this summer. Their daughter, Meghan is employed with the Glastonbury Youth and Family Services as a middle school social worker. She is graduated from Dickinson College and earned an M.A. from Smith College. Meghan is married to Martin Vyse and they have one daughter, Ainsley Grace.

In 1968 Mac was involved with an experiment involving a team ministry where responsibilities were equally divided between two priests at St. James' Episcopal Church in Glastonbury, Connecticut. In this parish Mac helped establish the first Youth Services Bureau in Connecticut and founded the Connecticut Host Home Associations a ministry for runaway teenagers. Following this, in 1975, Mac served as the Rector of St. Paul's Episcopal Church in Willimantic, Connecticut. Mac was a founding member of the Episcopal Urban Caucus in the Diocese of Connecticut and appointed Episcopal representative to the National Council of Churches' Working Group on "Child and Family Justice." Kathie returned to work and became involved with adult education and literacy. In 1982 Mac became the Rector of St. Mark's Episcopal Church in New Britain, Connecticut and Kathie was involved with museum work at the New Britain Museum of American Art. Mac helped organize the AIDS Project of Greater New Britain and housed the organization and its hotline in parish facilities while serving as chairperson. He established a soup kitchen at the Friendship Service Center and helped organize the Emergency Needs Ministry. Mac served as the Episcopal representa-

WEEKLY LITURGIES AT THE CATHEDRAL

Sunday:	Holy Eucharist, Rite II	8:00 a.m.
Sunday:	Holy Eucharist Rite II, with Music	10:15 a.m.
Wednesday:	Holy Eucharist, Rite II	7:00 a.m.
Thursday:	Holy Eucharist, Rite II	12:10 p.m.

tive to the Christian Conference of Connecticut's Commission on Social Concerns and served on its Economic Justice Task Force.

In 1993 Mac became the Dean and Rector of The Cathedral Church of St. Stephen. As Dean of St. Stephen's Mac initiated a holistic health ministry with a Parish Nurse Program that has outreach components to Harrisburg's Hall Manor Housing project through the Children's Checkup Center, Head Start, and a weekly story hour and mentoring program. He helped develop the Covenant Jobs of Harrisburg with members of the Isaiah 58 Outreach Ministry. He served on the Board of Directors of the Cities in Schools Project, AIDS Alliance for Greater Harrisburg, and has been an active member of the Downtown Clergy Group. During their years in Harrisburg Kathie returned to adult literacy and worked for the Susquehanna Employment and Training Corporation which is now the South Central Employment Corporation.

Mac was appointed by Bishop Creighton to serve as Chairperson of the Department of Christian Social Ministry, Ecumenical Affairs Committee, Finance Committee, and Diocesan representative on the Public Advocacy Action Committee of the Pennsylvania Conference of Churches. He was elected three times to serve as a delegate to the General Convention of the Episcopal Church and served on its Social and Urban Committee. He was selected to participate in the Clergy Leadership Project sponsored by the Episcopal Church Foundation and Trinity Church, New York City.

In his ten years of service to St. Stephen's Mac led a successful Capital Campaign which has resulted in the renovations of both the Cathedral (1826) and the Cathedral House (1840). This project also included a major renovation of the old Pennsylvania Garages building (1925), now known as the Cameron building, into a new facility for Saint Stephen's Episcopal School. The only church and project utilizing historic preservation buildings while seeking membership in the U.S. Green Building Council's LEED program. Throughout the planning and building process Mac played a significant role in representing St. Stephen's with regard to other building projects neighboring the Cathedral Complex.

Mac initiated the participation of St. Stephen's in all the major city festivals. The Great Pumpkin Chase (5 and 10-K race) was created by Mac as a nonprofit fundraising event with all the proceeds benefiting community outreach programs. Mac has brought leadership to various food ministries including collections of food from the congregation for the Food Pantry, providing a working space for Helping Hands Food Ministry, and participation in the annual Crop Walk against hunger.

Mac serves on the national board of the Youth Advocacy Program, which was established in Harrisburg, and will continue serving on the board in his retirement. On 1 July Mac and Kathie will move into their new home in beautiful Cape Cod in Harwich, Massachusetts. Their immediate plans are to rest, recuperate, relax, and spend more time with their children and their families and the dogs. Beginning in the new year, Mac will return to the ministry as a supply priest in Cape Cod. Mac and Kathie have not yet decided which Episcopal parish in Cape Cod will be their next

parish home but they are looking forward to worshipping at the Chapel of St. James the Fisherman while they make that decision.

Mac and Kathie have had a consistent ministry focusing on meeting the needs of broad social concerns within society. Their ministry recalls the words of Jesus when he spoke about our charge to social responsibility, "Verily I say unto you, inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me." Matthew 25:40. At this year's parish picnic we honor Mac and Kathie McDowell. Let us also reflect on their contributions to this parish and community and be inspired to continue that worthy work.

— Jean-Paul and Amy Benowitz

News and Events

Save the Dates for the Season of Celebration

The last *Messenger* announced the scheduling of four events celebrating the service of Mac and Kathie McDowell to St. Stephen's. Here is some more information:

- Mac and Kathie will be honored at this year's annual parish picnic **June 20th** at Riverside Park Pavilion, City Island, from 12:00 noon to 3:00 p.m.
- On **June 25th** there will be a ticketed event at the Wyndham Hotel (formally the Marriott in Swatara Township) This will be an evening banquet with a program. Cost will be \$30 per person.
- On the McDowell's last Sunday at St. Stephen's, **June 27th**, we'll have a combined service at 9:00 a.m., followed immediately with a family parish brunch held concurrently in both the Undercroft and Uppercroft for **all parishioners**.
- In the tradition of "Cathedral Baseball" we will have a "Mac Day" at Commerce Bank Park (Riverside Stadium). A block of tickets have been reserved for the Harrisburg Senators game on the evening of **June 28th**. Tickets cost \$6 each.

We hope you will be able to participate in one or all of these special events so save the dates.

**Mac and Kathie's
Address on Cape Cod:**
10 Marion Rd. Harwich, Mass 02645
email: kathmac608@aol.com
(this will change in a few months)

Cancer

In June we honor 8.9 million Americans who are surviving cancer and the professionals who are helping to fight the battle against cancer.

CANCER! The word shatters through our very being. It instills fear and anxiety at the thought that we ourselves, or someone close to us, may hear that word spoken to us. What is cancer? How do I get it? Or more importantly, what can I do to decrease my chances of getting cancer? The first thing to do is to learn what cancer is, what it isn't and what steps to take toward cancer prevention.

Our bodies are made up of millions of cells. Each cell contains a genetic material known as DNA, which "orchestrates" cell division and growth for repairing, and replacing damaged or dying cells. An alteration to the DNA causes a change in the production of the cells. Cancer is the term used to indicate an abnormal growth of cells in the body.

It's crucial that you are aware of your risk factors. Lifestyle choices and certain environmental factors can be changed. Sex, gender, family medical history and age are risk factors that cannot be changed. Although cancer is the second leading cause of death in the United States, millions of people are living with cancer or have been cured of the disease. Prevention and early detection are our best weapons.

We are so fortunate to have such a "caring parish" that not only prays for those whose lives have been touched by cancer but also walks with them through this difficult time.

As a cancer survivor you have special needs. Stay healthy after treatment. Get tips on healthy eating, nutrition information and recipes. Join a community cancer survivor support group, and chat on-line with the [Cancer Survivor Network](#). We have many in our own parish who have survived cancer. Support one another. Join in the fight against cancer, donate or volunteer your time.

Our greatest enemy is not disease but despair. "Thanks be to God who gives us the victory through our Lord Jesus Christ". I Corinthians 15:57

Stop by our "Educational Corner" in the Narthex and help yourself to **FREE** information on cancer prevention, detection, treatment, screening tools and healing scriptures

Medical Information Cards

MEDICAL INFORMATION CARDS are available at the Parish Health Ministry's "Educational Corner" in the Narthex. Please make sure your family and friends carry one of these in their wallet. This can be a life tool.

Take me out to the Ballgame

Okay!! The bus will leave for the Yankees/Orioles game on Tuesday night from "Pole #32" in the Harrisburg East Mall at 4:00 p.m.. Look for either a Capital Trailways or Rohrer Bus. Beverages and snacks will be served on the way to Baltimore and, hopefully, a Yankee victory!!

The Gathering (St. Stephen's Book Group)

We will discuss [Changing Habits](#) on Wednesday evening June 23 at 7:00 p.m. in the Sherman Library. The selection for July is [The Confessor](#) by Daniel Silva and we'll gather on the evening of July 21 for that lively discussion . . . please join us!

Leave your Mark at the Cathedral on an Engraved Brick!

Take a look at the new Cloister area between the Cathedral House and the Cathedral. YES, your name (or a friend or relative) can be inscribed on a brick for \$100 per brick. Forms are available in the back of the church.

Summer Sunday School

Attention parents and caregivers for children, ages 3-9: the last Sunday of the regular Church School year is June 6. Summer Sunday School will begin on July 11 and run through August 15. For those six Sundays, we will meet at 10:00 am in the kindergarten classroom on the first floor of the St. Stephen's School building.

As always, committed and caring teachers are needed. If you think you might be available to teach for a week or two during the summer, contact Ellen and John Harles, 731-0394 or jetharles@comcast.net.

Glad you asked!!

Yes, there will be a Saturday evening service during the summer. The Saturday schedule will commence of July 10.

Christian Stewardship

Christian Stewardship is about how we use our resources of time, energy and money. Each moment of our lives is sacred. Who will we spend it with? Whom will we love and cherish? To whom will we give time this summer? That is holy stewardship. Where will we spend it? What will we build with it? That, too, is holy stewardship. Enjoy the summer! Take that trip to the beach! Show the people you love a great time! But remember, too, what God is doing right here at 221 N. Front St, right here at St. Stephen's Cathedral, right in your own household on a regular summer day.

Visit our Web Site:
www.ststep.org

the CATHEDRAL
 MESSENGER

THE CATHEDRAL CHURCH OF ST. STEPHEN

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TIME-SENSITIVE MATERIAL

PARISH LEADERSHIP

<i>Bishop</i>	Michael Creighton
<i>Dean</i>	Malcolm McDowell
<i>Canon Pastor</i>	Daphne Messersmith
<i>Parish Nurse</i>	Liz Fite
<i>Deacon Emeritus</i>	Paul Williams
<i>Facilities Manager</i>	Skip DeMarkey
<i>Organist-Choirmaster</i>	Michael Shoemaker
<i>Hospitality Coordinator</i>	Judy Clemmer
<i>Bookkeeper</i>	Donna Osborne
<i>Senior Warden</i>	Craig Wilson
<i>Junior Warden</i>	Mary Jane Forbes-Schmidt
<i>Vestry:</i>	
Helen Delano	Gene McHugh
Ann Elliott	Guy Patterson
Joan Esham	Greg Penny
Gerald Garber II	Lynn Schadle
Warren Gillam	Rosemary Webber
<i>Parish Treasurer</i>	Bill Davis
<i>Vestry Secretary</i>	Paul Nickalls
<i>Worship Ministry</i>	Jane Bartholomew
<i>Education Ministry</i>	Becky Tartline
<i>Evangelism Ministry</i>	Ted Webber
<i>Outreach Coordinating Ministry</i>	Betsy Howell, Bill Ilgenfritz
<i>Parish Health Ministry</i>	Helen Hendrickson
<i>Stewardship Ministry</i>	Mary Jane Forbes-Schmidt,
	Gerry Garber
<i>Finance Ministry</i>	Thomas Schmidt III
<i>Environmental Stewardship</i>	Jeff Spangler
<i>St. Stephen's School</i>	Carol Lopus
<i>Acolyte Warden</i>	Greg Penny
<i>Church School Coordinator</i>	John and Ellen Harles
<i>"Seeds of Faith" Manager</i>	Kathyann Corl-Rodeheaver
<i>Altar Guild</i>	Margaret Messner
<i>Flower Guild</i>	Sandy Strohl
<i>Ushers</i>	Michael Frascella
<i>Nursery</i>	Carolyn Patterson
<i>Youth Ministries Coordinator</i>	Jonathan Frazier

CATHEDRAL CALENDAR

<i>June</i>	20	THE 3RD SUNDAY AFTER PENTECOST
	20	Coffee Hour, 11:15 a.m.
	20	Parish Picnic, 11:30 a.m.
	20	Helping Hands, 4:30 p.m.
	22	Yankees/Orioles Baseball Bus Trip, 4:00 p.m.
	23	Staff Meeting, 11:00 a.m.
	23	The Gathering, 7:00 p.m.
	25	Farewell Banquet, 6:00 p.m.
	26	Spiritual Life Commission, 10:00 a.m.
	27	THE 4TH SUNDAY AFTER PENTECOST
		ONE SERVICE ONLY 9:00 A.M.
	27	Farewell reception, 10:30 a.m.
	27	Helping Hands, 4:30 p.m.
	28	Seekers Bible Study, 1:00 p.m.
	28	Mac and Kathie Nite - Harrisburg Senators, 6:00 p.m.
	29	Arts and Drama Committee, 6:30 p.m.
	29	Evangelism Committee, 7:00 p.m.
<i>July</i>	3-5	4th of July Festival - Riverfront Park
	4	THE FIFTH SUNDAY AFTER PENTECOST
	4	Blood Pressure Screening, 8:45 a.m.
	4	Lemonade, 11:15 a.m.
	4	Helping Hands, 4:30 p.m.
	6	Outreach Coordinating Committee, 6:30 p.m.
	8	Finance Committee, 7:30 p.m.
	10	Informal Contemporary Eucharist, 5:00 p.m.
	11	THE SIXTH SUNDAY AFTER PENTECOST
	11	Lemonade Hour, 11:15 a.m.
	11	Helping Hands, 4:00 p.m.
	12	Seekers Bible Study, 1:00 p.m.